# JOYOUNG Allergen Book

Review Date	Reviewed By

# Starters

DISHES						upin Flour	Milk		MUSTARD					MNE MNE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Roasted Vegetable Pizzette		$\times$				$\times$	$\times$						X	$\times$
Duck Spring Roll	$\times$	$\times$					$\times$					$\times$	$\times$	$\times$
Vegetable Spring Roll	$\times$	$\times$					$\times$					$\times$	$\times$	$\times$
Seafood Cocktail		$\times$		$\times$	$\times$		$\times$						$\times$	$\times$
Thai Style Chicken Satay Skewers	X									$\times$	$\times$	$\times$	X	X
Lamb Samosa		$\times$					X			Ĭ				

# Burgers

DISHES							Milk		MUSTARD					MNE MNE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
The Classic Burger		X		$\times$			$\times$		X			$\times$	X	$\times$
Plant Based Burger		X											X	X
Chargrilled Chicken		X		X			X					X	X	
Crispy Chicken		X		X			X					X	X	
Lamb and Mint Burger		X		X			X		X			X	X	X
Bourbon Bacon Burger		X		X			X		X			X	X	X
BBQ Pulled Pork Burger		X		X			X		X			X	X	X
Wild Mushroom		X		$\times$			X		$\times$			X	$\times$	X

# Mains

DISHES						upin Flour	Milk		MUSTARD			EAM!		MNE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chargrilled Chicken Kebab													$\times$	
Chicken, Mushroom and Bacon							X						X	X
Beer battered haddock		X		X	$\times$		`		X				X	X
Breaded Scampi		X	$\times$	X					X				X	X
Shepards Pie	X			X		X	X							X
Sea Food Linguine		X	$\times$	X	X		X	X					X	X
Moroccan Vegetable Tagine	X	X							X	X	$\times$	X	X	X
Beef and Ale Pie	X	X		$\times$		$\times$	X							X
Toulouse Sausage and Mash	X	X					X							X
Crispy Sweet Chilli beef		X		$\times$								$\times$	X	X



DISHES						upin Flour	Milk		AUSTARD					We
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Crispy Sweet Chilli Halloumi Noodles		$\times$		$\times$			X						$\times$	X
Pan Fried Sea bass	$\times$		$\times$		$\times$	$\times$		$\times$	$\times$			$\times$	$\times$	$\times$

# Sunday Menu

DISHES						Upin Flour	Milk		MUSTARD					WNE One
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Sunday Roast	$\times$	X		X			X						X	X
Cauliflower cheese		X					X							X
Spiced Vegetable and Chickpea PieSS	$\times$	X							$\times$	$\times$	$\times$	$\times$	$\times$	X



DISHES						Jupin Flour	Milk		MUSTARD			I AME		WNE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Spiced Italian Chicken	$\times$	$\times$				X	$\times$			$\times$	$\times$		$\times$	
Margherita	X	X				$\times$	X			X	$\times$		X	
Pepperoni	X	X				X	X		X	X	X		$\times$	$\times$
Meat Feast	X	X				X	X			X	X		X	
Vegetable	X	X				X	X			X	X		X	
BBQ Pulled Pork	X	X				$\times$	X		X	X	X		$\times$	$\times$

# Side Dishes

DISHES						upin Fiour	Milk		MUSTARD					WE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Olives							$\times$		$\times$	$\times$	$\times$			$\times$
Chips, Skinny fries										•			X	
Mixed side salad														X
Salt Crusted Sour Dough bread	X	X					X							X
Garlic Bread	X	$\times$				$\times$	X			$\times$	$\times$		$\times$	
Garlic Bread with Cheese	X	$\times$				X	X			X	X		$\times$	
Garlic Bread with Cheese and Balsamic Onions	X	$\times$				X	$\times$			X	X		$\times$	
Chicken Goujons		$\times$		$\times$			$\times$						$\times$	
Coleslaw				X									X	
Dips		$\times$		$\times$	$\times$				X				$\times$	X

# Side Dishes

DISHES						upin Flour	Milk		MUSTARD					See MNE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Southern Fried Cauliflower Bites				X			$\times$							
Root Vegetable Crisps and Hummus												$\times$		
Halloumi Fries		$\times$		$\times$			$\times$							

### Childrens Menu

DISHES						upin Fiour	Milk		AUSTARD					Goor WE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
4oz beef burger		X		$\times$			X						$\times$	$\times$
4oz Chicken burger		X		X			X		X				X	X
Chicken Goujons		X		$\times$			X						X	
Sea Food Linguine		X	$\times$	X	X		X	X					X	X
Fish Goujons		X		$\times$	X		X						X	
Moroccan Vegetable Tagine	X	X							X	X	$\times$	X	X	X
Sausage and Mash	X	X					$\times$			•				X
Pepperoni Pizza	X	X				X	$\times$			X	X		$\times$	
Magherita Pizza	X	X				X	X		X	X	X		X	X
		Ĭ												

### Sandwiches

DISHES						Jupin Flour	Milk		MUSTARD					Door WK
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chargrilled Mediterranean Vegetable		X					$\times$							
Fish Goujons		$\times$		$\times$	$\times$				$\times$					
BLT		$\times$		$\times$			$\times$		$\times$					
Croque Monsiour		$\times$					$\times$		X					X



DISHES						Wpin Flour	Milk		MUSTARD					Beer MAE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Apple Tart Fines		X					$\times$							
Sticky Toffee Pudding		X		X			X							
Panacotta		X		X			X			X				
Profiteroles		$\times$		X			$\times$			X				X
Brownies		$\times$		$\times$			$\times$			X			X	
Ice Cream				X			X							

# Breakfast

DISHES						wpin	Milk		MUSTARD	O. T.				Seer WE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
JDs Full English		X		X			X							
Smoked Salmon				X	X		X							
Poached Eggs		X		$\searrow$										
Scrambled Eggs		$\times$		$\overline{X}$			X							
Continental Breakfast		$\times$		$\times$			X							
Eggs Benedict		$\times$		$\overline{X}$			$\overline{X}$							X
Eggs Florentine		$\times$		$\supset$			$\supset$							$\searrow$
Eggs Royale		X		$\times$	X		X							$\times$

## Bar Snacks

DISHES						upin Fiour	Milk		MUSTARD					Geer WNE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Kettle Cheese and Onion							$\times$							
Kettle Balsamic Vinegar														$\times$
KP Thai Nuts	$\times$	X								$\times$	$\times$			
KP Dry Roasted		$\times$								X	X			
KP Salted Nuts	X	X									X			